

Health benefits of homegrown remedy

THE lignous rhinoceros or Tiger Milk Mushroom is a rare Malaysian fungus that is believed to contain medicinal values and is thus able to cure certain ailments.

It derives its name from a Malaysian aboriginal folklore and is said to grow on the spot the tigress dripped its milk while feeding her cubs.

This mushroom is so rare that it is only found in tropical forests in Malaysia, Indonesia, Thailand, South China, the Philippines and Papua New Guinea.

The Father of Malaysian Rubber Industry Henry Ridley cited the Tiger Milk Mushroom in 1890 as an important mushroom with medicinal values used by the local people.

The Aborigines, Malays and Chinese truly believed in the healing properties of the Tiger Milk Mushroom and used it to produce their medicines.

This mushroom consists of a cap, stem and sclerotium. The sclerotium is the part of the mushroom that contains medicinal value and features white tissue that looks and tastes like milk when ground and mixed with water.

One would find the Tiger Milk Mushroom in Chinese households in the 1950s and 60s.

The Chinese used it to treat asthma, coughs, and to protect the lungs and respiratory system. It is also used as a general tonic.

Malay bomohs used the Tiger Milk Mushroom for more serious illnesses such as breast cancer and joint pains.

Although there has been no hard evidence on the mushroom's ability to fight cancer, people still believed in its healing properties.

Universities and research institutes have carried out extensive studies and research on the wonders of the Tiger Milk Mushroom. Its properties are scientifically proven to be anti-inflammatory, immune-modulating and anti-proliferative.



The Tiger Milk Mushroom is a rare fungus that is believed to contain medicinal properties.

Key health benefits

- > Relieves symptoms of asthma
- > Relieves chronic cough
- > Relieves nasal and sinus conditions
- > Relieves respiratory allergy
- > Helps to repair inflamed tissues and improve respiratory functions.

> Recommended for those with chronic cough, sinus, respiratory allergies, bronchitis, asthma, smokers or those who are constantly exposed to a polluted environment.

> Helps those suffering from joint pain due to injuries or old age

> Relieves joint pain caused by diseases such as dengue and chikungunya.

> Works as a general tonic to strengthen a weak constitution, especially for the elderly and those with busy and hectic lifestyles.

> Helps to strengthen the immune system of children who are susceptible to colds and flu.

> Helps those with skin allergies such as eczema and rashes.

■ This article is contributed by Ligno & Us Sdn Bhd. For more information, look out for the advertisement in this *StarSpecial*.

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StarSpecial BODY, MIND & SOUL



TIGERUS™

Are You Being troubled by cough, cold or sinusitis problems?

Tiger Milk Mushroom -

Traditionally used to relieve cough, cold & sinusitis.

Tiger Milk Mushroom, hailed as Malaysia's National treasure, is a medicinal mushroom used to relieve cough, cold and sinusitis. It addresses both the symptoms and root causes via the mechanism of "cleansing, regulating and restoring".

Tiger Milk Mushroom possesses immune modulating property which can repair the damaged tissues, enabling the body to restore its self-cleansing and metabolic function, while enhancing the disease resistance and self-protecting abilities. It is a comprehensive approach to improve the function of the body, in order to treat cough, cold and sinusitis. Hence improve the overall health.

Features of Product

- △ Medicinal mushroom
- △ Safe
- △ Fast and beneficial, symptoms improved in short period
- △ Comprehensive recuperation



Ligno Biotech Sdn Bhd is the First to commercially produce Tiger Milk Mushroom in Malaysia.

Customer careline: 1700 81 8242 (Monday to Friday 8:30am - 5:30pm)



Available at all outlets of
Hot Chain Stores and
most pharmacies in
Malaysia



TIGERUS™